

JUNIOR HIGH CHEERLEADING FORMAT

Effective 2011 - 2012

JUNIOR HIGH CHEERING DIRECTOR:

Mrs. Libby Shepherd
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2011 CHAMPIONSHIP DATE:

Saturday, October 29, 2011
Wheeling Park High School
Wheeling, WV

FUTURE DATES:

October 27, 2012
October 26, 2013
October 25, 2014
October 24, 2015
October 29, 2016

1. Three (3) judges and two (2) safety judges will be used to determine the winners in all classes.

2. All squads are to have a coach in attendance **at all times**.

3. Squad size **CANNOT** exceed twenty (20) members, including mascot, and two (2) coaches. Any alternates must pay the gate price.

4. The entire squad must participate throughout the entire performance except in cases of illness, injury, or emergency. Any squad that does not follow this rule will be disqualified.

5. Unsportsmanlike conduct **WILL NOT BE TOLERATED**. Disciplinary action will be taken by the OVAC Executive Board on any school that fails to exercise good sportsmanship.

6. There will be a short coaches' meeting prior to the competition to determine the order of performance.

7. One performance will be done for judging. During this time, which is **NOT TO EXCEED THREE (3) MINUTES**, squads may incorporate cheers, dances, and sidelines in any manner. The following rules must be followed:

a. Walk onto the floor and assume starting position. No spirting onto the floor.

b. Timing will begin with either an arm drop or a musical note.

c. Signs, props, **BALLOONS**, and/or banners are not permitted by squad or crowd. **ANY SCHOOL HAVING THESE WILL HAVE 25 POINTS DEDUCTED FROM THEIR TOTAL.**

d. Two (2) full squad synchronized jumps must be done during the three (3) minute performance.

e. Partner stunts, pyramids, mounts, knee drops, and seat drops (also called suicides and flippies), are not permitted.

f. A participant **MUST NOT MOVE** over or under another participant.

g. **ANYTHING questionable in your routine should be checked by the safety judge prior to the competition.**

h. Gymnastics may be used.

i. No jewelry or glitter is permitted, even if it is not visible.

j. Hair must be up and off the shoulders. No nails can extend beyond the tip of the finger.

k. Each squad must have a designated person to start and stop the music. No one else will handle your CD.

l. Use of signs, banners, props, time violations, and rules' infractions will result in a scoring deduction of twenty-five (25) points per infraction. This will be subtracted from the final score.

m. No restarts will be permitted unless there are technical difficulties with the sound system or a serious injury occurs.

8. Once an athlete competes on the varsity level **IN ANY COMPETITION**, they may not compete at a lower level competition.

9. There will be a practice area for warm-ups. The main gym will be used only for music checks.

10. In the event of a tie at the end of the judging, the following tie-breakers will be used:

- 1). highest score on cheering fundamentals (25)
- 2). overall effect (10)

11. There will be a **thirty dollar (\$30) entry fee** for each team competing. Checks must be turned in prior to the competition or the squad will not be permitted to compete. Checks should be made payable to the : Ohio Valley Athletic Conference.

12. **ADMISSION FEE:** There will be an admission fee charged as follows:

- Adults: \$6.00
- Students: \$4.00

CHEERING COMMITTEE:

Libby Shepherd, Director
Tom Rataiczak, Executive Secretary/
Treasurer
Kim Miller, Member (WV)
Shawn Tomlan, Member (OH)
Terri McAtee, Safety Judge
Diana Stender, Safety Judge
Nadeana Cook, Safety Judge
Shawna Shepherd, Wheeling Park (WV)
Jessi Spangler, Wheeling Central (WV)
Marcie Robbins, John Marshall (WV)

UPDATED: 02.26.11