JUNIOR HIGH CHEERLEADING FORMAT
Effective 2020 - 2021

JUNIOR HIGH CHEERING DIRECTOR:
Mrs. Libby Shepherd
122 Westgate Drive
Wheeling, WV  26003
Cell:  304-281-4961
e-mail: rwelch1104@gmail.com

ASSISTANT DIRECTOR:
Raquel McCloud
Cell:  304-280-5862
e-mail: libbyshep@aol.com

2020 CHAMPIONSHIP DATE:
10:00am, Saturday, October 31, 2020
WesBanco Arena
Wheeling, WV
* Coaches will be contacted in case of inclement weather.

NOTE: FOR THE 2020 COMPETITION, THERE WILL BE NO CHANGE IN THE FORMAT.

FUTURE DATES:
October 30, 2021
October 29, 2022
October 28, 2023

1. Three (3) judges and two (2) safety judges will be used to determine the winners in all classes.

2. All squads are to have a coach in attendance at all times.

3. Squad size CANNOT exceed fifteen (15) members, including mascot, and two (2) coaches. Any alternates must pay the gate price.

4. The entire squad must participate throughout the entire performance except in cases of illness, injury, or emergency. Any squad that does not follow this rule will be disqualified.

5. Unsportsmanlike conduct WILL NOT BE TOLERATED. Disciplinary action will be taken by the OVAC Executive Board on any school that fails to exercise good sportsmanship.

6. There will be a short coaches’ meeting prior to the competition to determine the order of performance.

7. One performance will be done for judging. During this time, which is NOT TO EXCEED THREE (3) MINUTES, squads must incorporate cheers (crowd participation cheer or West Virginia style cheer), dances, and sidelines in any manner. (03.19.14)
The following rules must be followed:

   a. Squads should quickly take the floor and assume starting position. No spiriting onto the floor.
   b. Timing will begin with either a word or a musical note.
   c. Signs, props, BALLOONS, and/or banners are not permitted by crowd. ANY SCHOOL HAVING THESE WILL HAVE 25 POINTS DEDUCTED FROM THEIR TOTAL.
   d. Two (2) full squad synchronized jumps must be done during the three (3) minute performance.
   e. Partner stunts, pyramids, mounts, knee drops, and seat drops (also called suicides and flippies), are not permitted.
   f. ANYTHING questionable in your routine should be checked by the safety judge prior to the competition.
   g. Gymnastics may be used.
   h. No jewelry or glitter (rhinestones, sequins) is permitted, even if it is not visible.
   i. Hair cannot extend below the shoulder blade. No nails can extend beyond the tip of the finger.
   j. Each squad must have a designated person to start and stop the music. No one else will handle your CD.
   k. Time violations, and rules’ infractions will result in a scoring deduction of ten (10) points per infraction. This will be subtracted from the final score.
   l. No restarts will be permitted unless there are technical difficulties with the sound system or a serious injury occurs.
8. Once an athlete competes on the var-
sity level **IN ANY COMPETITION**, they may not
compete at a lower level competition. Divisions
will be determined after entry forms are submit-
ted. This competition is only feeder schools of
OVAC Conference teams.

9. There will be practice mats for warm-
ups at both ends of the floor.

10. In the event of a tie at the end of the
judging, the following tie-breakers will be used:
   1). highest score on cheering fundamen-
tals
   2). overall effect

11. There will be a **sixty dollar ($60) en-
try fee** for each team competing. Checks must
be turned in prior to the competition or the squad
will not be permitted to compete. Checks should
be made payable to: Ohio Valley Athletic Confer-
ence.

12. **ADMISSION FEE**: There will be an
admission fee charged as follows:
   Adults: $6.00
   Students: $4.00
   OVAC Passes will be accepted.

13. Videotaping is allowed. Please be respectful
of those behind you.

14. Championship & Runner Up awards will be
presented the day of the competition.

**CHEERING COMMITTEE**:
Libby Shepherd, Director
Dirk DeCoy, Executive Director
Ann Arno, Bellaire (OH)
Cindy Colasante, Morgantown (WV)
Victoria Frontz, Monroe Central (OH)
Amy Latham, Union Local (OH)
Marcie Robbins, John Marshall (WV)
Shawna Shepherd, Wheeling Park (WV)
Joey Takacs, Toronto (OH)
Shawn Tomlan, St. Clairsville (OH)

**UPDATED**: 12.28.19