

# **CROSS COUNTRY FORMAT**

## **Effective 2012 - 2013**

### **MEET DIRECTORS:**

Donna/Butch Joseph  
3822 Highland Avenue  
Shadyside, OH 43947  
740.676.2365 (H)  
304.280.0263 (Donna Cell)  
740.359.1173 (Butch Cell)  
tigerscc@comcast.net

### **2012 CHAMPIONSHIP DATE:**

Saturday, October 6, 2012  
Meadowbrook High School  
Byesville, OH 43723

### **FUTURE DATES:**

October 5, 2013  
October 4, 2014  
October 10, 2015  
October 8, 2016

\*Any school interested in hosting the cross country championship should contact Donna Joseph prior to November 1.

### **MANDATORY MEETING:**

There is no mandatory meeting for cross country head coaches. Schools will receive their materials for the championship meet from the meet director prior to the meet.

### **VARSITY RACES:**

There will be one race for boys and one race for girls.

In even years, the boys will run first.

In odd years, the girls will run first.

### **2012:**

Boys' Varsity: 10:00AM

Girls' Varsity: 10:45AM

Times are approximate. When the course is cleared after the first race, the next race will begin.

A forty (40)-minute time limit has been established for the girls' race. A thirty-five (35)-minute time limit has been established for the boys' race. Athletes on the course past this limit will be stopped and removed with no points being awarded (DNF).

### **SITE DIRECTOR:**

John Epperson  
11124 Rich Street  
Senecaville, OH 43780  
740.260.4960 (H)  
740.685.2566 (W)  
740.260.3023 (C)  
740.685.2797 (FAX)  
John.Epperson@omeresanet.net

### **RESERVE RACE:**

There will be a combined boys'/girls' reserve race immediately following the second race. No awards will be presented, but times will be kept and given to the participating schools.

### **JUNIOR HIGH RACE:**

At the discretion of the site director, a separate race can be held for junior high teams but will in no way be connected with the OVAC meet. Information regarding the race will be mailed by the Site Director.

### **TEAM NUMBERS:**

Varsity - No school may enter more than **eight (8) runners** in a varsity race.

Reserve - There is no limit on the number of runners who may participate in the reserve race.

One person may enter the race for a school, however, there must be at least five (5) runners to score as team.

### **CLASSIFICATIONS:**

For the purpose of scoring and awarding championship trophies, schools will be divided into the following classifications: 1A/2A, 3A, 4A, and 5A.

These classes are determined by the Executive Board in December of each year.

### **MEET MANAGEMENT:**

Meet management shall be responsible for the running of all races.

**COURSE:**

The course to be run shall be clearly marked as recommended in the National Federation Rule Book or additionally as required to make it easily understood by the participants. There shall be no motorized equipment present on or near the course, except as needed to aid in the running of the meet. Information, including meet forms, will be distributed to the coaches.

**FINAL SCORING:**

A representative of the committee will oversee final results of the meet. Champions will be decided by overall (raw) score.

**RESULTS:**

Results of the meet will be available for all coaches on the internet ([www.baumspage.com](http://www.baumspage.com)). Results should be FAXED/e-mailed to the news media and the OVAC Executive Secretary as expeditiously as possible.

**AWARDS:**

Awards will be given out ASAP after the reserve race or final varsity race should there be no reserve race.

Awards will be made on a varsity level only. Each class team champion will receive a pennant and a championship trophy.

An Overall Championship Banner will be awarded to the boys' team and the girls' team that has the best team score, regardless of class. Plaques will be given to the runner-up school in each class.

The top ten (10) individuals in each class will receive a medal.

The top twenty-five (25) finishers in each of the varsity races will receive certificates naming them to the ALL-OVAC Cross Country Team.

Awards will be presented and/or pictures taken only for teams/athletes in appropriate school or Conference clothing. This includes school uniforms, warm-ups, and OVAC meet souvenir clothing. Coaches are expected to see that their runners are correctly attired.

**CROSS COUNTRY - 2****ENTRY FEE:**

A fee of thirty (\$30) dollars per team shall be charged for participation in the meet. If a school enters both a boys' and girls' team, their combined entry fee shall be sixty (\$60) dollars. For purposes of this rule, one or more entrants is considered to be a team. Checks should be made out to the OVAC and should be sent so that they reach the OVAC treasurer prior to the meet, unless they have been paid by the school at the beginning of the year. If the check has not been received by the OVAC treasurer prior to the meet, the school will not be allowed to participate.

**ADMISSION FEE:**

There will be an admission fee charged as follows:

Adults: \$6.00

Students: \$4.00

Only OVAC passes are accepted for this meet.

**OVAC CROSS COUNTRY COMMITTEE:****CHAIRPERSONS**

Donna Joseph, Shadyside

Butch Joseph, Shadyside

**SITE DIRECTOR**

John Epperson, Byesville

**COMMITTEE**

Chris Arno, Bellaire

Mark Brown, Barnesville

Tony Cirola, St. Clairsville

David Evans, Cameron

Dugan Hill, Caldwell

James Hudson, John Marshall

Heather Wayt, Wheeling Central

These people were selected by the committee and shall remain on the committee until they resign or are removed for dereliction of duty. Suggestions, complaints, and concerns should be addressed to any of the above committee members prior to the format meeting in November.

**CROSS COUNTRY FORMAT****COMMITTEE MEETING:**

Sunday, November 4, 2012 5:30PM

**SCHOOLS INELIGIBLE TO COMPETE IN 2012:**

All schools eligible.

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Updated: 11.06.11