

OVAC TRACK FORMAT

Effective 2011-2012

OVAC TRACK DIRECTORS:

OVERALL:

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Shadyside, OH 43947

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BELLAIRE SITE:

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SHADYSIDE SITE:

Jenna Johnson
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ST. CLAIRSVILLE SITE:

Ben Frye
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2012 CHAMPIONSHIP DATE:

Saturday, May 5, 2012

St. Clairsville High School

Qualifying Dates/Locations:

1A: Shadyside	Monday, April 30, 2012 Wednesday, May 2, 2012
2A: St. Clairsville	Tuesday, May 1, 2012 Thursday, May 3, 2012
3A: St. Clairsville	Monday, April 30, 2012 Wednesday, May 2, 2012
4A: St. Clairsville	Tuesday, May 1, 2012 Thursday, May 3, 2012
5A: St. Clairsville	Monday, April 30, 2012 Wednesday, May 2, 2012

FUTURE DATES:

April 29 - May 2, 2013, Qualifying
May 4, 2013, Championship

May 5 - May 8, 2014, Qualifying
May 10, 2014, Championship

May 4 - May 7, 2015, Qualifying
May 9, 2015, Championship

May 2 - May 5, 2016, Qualifying
May 7, 2016, Championship

MANDATORY MEETING:

There will be no mandatory meeting for track. All necessary materials will be e-mailed to the head coaches the **first Monday of March**. It is **IMPERATIVE** that all coaches see that their e-mails are correct on the website and that they have established user names and passwords.

1. There will be five (5) class championships for boys and five (5) class championships for girls. An overall champion will be named from all five classes.

2. Each school will compete in the class assigned to it by the OVAC.

3. The rules used for the OVAC track meet include National Federation Rules, Ohio and West Virginia State Regulations, and OVAC Regulations. **OHIO RULES WILL BE IN EFFECT, ESPECIALLY CONCERNING UNIFORMS, unless otherwise noted.** All other aspects of the meet not covered by the rules will be determined by the games committee, made up of the meet manager, the meet referee, and the track committee.

4. **No scoring will be done or awards presented at the qualifying meets.**

The team (boys and girls), regardless of class, earning the most points will be named the Overall Champion and will receive a banner to that effect at the Championship Meet.

Individually, at the Championship Meet, the top eight (8) finishers in each event will receive a medal.

In addition, each class champion will receive a first place class medal for his/her class regardless of the overall finish.

The top scoring team in each class will receive the OVAC Championship Trophy and the OVAC Championship pennant (presented at the Banquet of Champions, May 14, 2012). The runner-up in each division will also receive a plaque.

5. The entry fee shall be \$30.00 per team. If a school enters BOTH a boys' AND a girls' team, their combined entry fee shall be \$60.00. This covers the cost of both the Qualifying and the Championship Meets.

For purposes of this rule, one (1) or more entrants is considered a team.

Checks should be made out to the OVAC and mailed to the Director, unless they were paid for at the beginning of the year.

ENTRY FEES MUST BE PAID BEFORE THE FIRST EVENT OR THAT SCHOOL WILL NOT BE PERMITTED TO COMPETE.

6. The OVAC track committee shall be responsible through its appointed meet directors for the operation of the qualifying and championship meets.

7. A fully automatic timing system **MUST** be used for both qualifying and championship meets.

8. The admission fee for the qualifying and championship meets for 2012 will be as follows:

ADULTS:

One-Day Admission: \$6.00

Three-Day Bracelet: \$15.00 (sold first day only)

STUDENTS:

One-Day Admission: \$4.00

Three-Day Bracelet: \$10.00 (sold first day only)

ONLY OVAC PASSES WILL BE HONORED.

UPDATED: 06.13.11

NOT ELIGIBLE TO COMPETE IN 2012:

1A:

2A: Wellsville

3A: Fort Frye

4A: East Liverpool

5A:

OVAC TRACK COMMITTEE

1. The OVAC track committee shall consist of the following:

- A. Chairperson(s);
- B. Track representatives;
- C. Two (2) officials and/or meet referees
- D. Meet directors for schools hosting meets;
- E. Media representative

2. Vacancies that occur will be filled by the committee.

3. Removal will be made as deemed necessary by the committee. (Examples: lack of attendance at meetings, lack of overall concern for Conference and/or sport, etc.)

4. All members will have a vote.

5. Concerns of Conference coaches should be addressed to the track representative. The track representative will then present said concern to the committee for its consideration. This should be done as soon as possible following the annual championships and prior to the committee's annual format meeting.

FUTURE COMMITTEE DATES

2012

Scholarship Selection, April 22, 2012
Format Meeting, May 20, 2012

2013

Scholarship Selection, April 21, 2013
Format Meeting, May 19, 2013

2014

Scholarship Selection, April 27, 2014
Format Meeting, May 18, 2011

2015

Scholarship Selection, April 26, 2015
Format Meeting, May 17, 2017

2016

Scholarship Selection, April 24, 2016
Format Meeting, May 22, 2016

OVAC TRACK COMMITTEE

CHAIRMEN:

Butch and Donna Joseph, Shadyside

OFFICIALS:

Ron White, Wheeling
Jeff Turner, Ohio County Schools

REPRESENTATIVES:

Steve Fox, Parkersburg South High School
Tim Frye, River High School
Dr. Suzanne Govey-Allen, Steubenville High School
Dugan Hill, Caldwell High School
Russ Hutchins, Wheeling Park High School
Bob Stanko, Steubenville Catholic High School

MEET DIRECTORS:

Ben Frye, St. Clairsville
Jenna Johnson, Shadyside
Shawn Valloric, Bellaire High School

MEET REFEREES:

Jerry Narcisi, Shadyside Local Schools
Wilbur Coates, Shadyside

MEDIA REPRESENTATIVE:

Seth Staskey, *Times Leader*

2012 OVAC TRACK AND FIELD CHAMPIONSHIP QUALIFYING MEETS

1A: Shadyside	Monday, April 30, 2012
	Wednesday, May 2, 2012
2A: St. Clairsville	Tuesday, May 1, 2012
	Thursday, May 3, 2012
3A: St. Clairsville	Monday, April 30, 2012
	Wednesday, May 2, 2012
4A: St. Clairsville	Tuesday, May 1, 2012
	Thursday, May 3, 2012
5A: St. Clairsville	Monday, April 30, 2012
	Wednesday, May 2, 2012

RUNNING EVENTS

1. 100, 200, high hurdles: the three (3) fastest times move on to Saturday. Each event will be run only once. No hot heat.

2. 300 hurdles, 400: the three (3) fastest times move on to Saturday. No hot heat.

3. 800, 1600, 3200: One heat of each will be run with the top three (3) in each event qualifying for the finals on Saturday.

4. Relays will qualify the top three (3) times in each event to the finals on Saturday.

FIELD EVENTS

1. Long jump, discus, shot put: There will be a total of four (4) jumps and four (4) throws. The top three (3) in each event will qualify for the finals on Saturday. Best jumps and throws DO NOT CARRY OVER to the finals. If there is a tie for fourth place, the next best throw/jump will decide the qualifying spot.

2. High jump, pole vault: The top three (3) in each event will qualify for the finals on Saturday. If there is a tie for fourth place, there will be a jump off for the qualifying spot.

3. All field events will start fresh on the final day. No height or distance will carry over.

4. Minimum Starting Heights

	Boys	Girls
High Jump	5'0"	4'0"
Pole Vault	9'0"	7'0"

DAY 1 QUALIFYING MEETS

The order shall be Class 2A followed by Class 4A and Class 3A followed by Class 5A.

4x800M Relay - Girls	Three teams qualify to finals
100M Hurdles - Girls	Three best times to finals++
110M Hurdles - Boys	Three best times to finals++
100M Dash - Girls	Three best times to finals++
100M Dash - Boys	Three best times to finals++
4x800M Relay - Boys	Three teams qualify to finals
4x200M Relay - Girls	Three teams qualify to finals
4x200M Relay - Boys	Three teams qualify to finals
3200M Run - Girls	Three qualify to finals
400M Dash - Girls	Three best times to finals
400M Dash - Boys	Three best times to finals
3200M Run - Boys	Three qualify to finals

++Athletes will only have to run 100M, 200M, and high hurdles once instead of having multiple rounds of competition.

DAY 2 QUALIFYING MEETS

The order shall be Class 2A followed by Class 4A and Class 3A followed by Class 5A.

1600M Run - Girls	Three qualify to finals
200M Dash - Girls	Three best times to finals++
200M Dash - Boys	Three best times to finals++
1600M Run - Boys	Three qualify to finals
300M Hurdles - Girls	Three best times to finals
300M Hurdles - Boys	Three best times to finals
4x100M Relay - Girls	Three teams qualify to finals
4x100M Relay - Boys	Three teams qualify to finals
800M Run - Girls	Three qualify to finals
800M Run - Boys	Three qualify to finals
Shuttle Hurdle Relay - Girls	Three teams qualify to finals
Shuttle Hurdle Relay - Boys	Three teams qualify to finals
4x400M Relay - Girls	Three teams qualify to finals
4x400M Relay - Boys	Three teams qualify to finals

++Athletes will only have to run 100M, 200M, and high hurdles once instead of having multiple rounds of competition.

DAY 1 FIELD EVENT QUALIFYING

The class order will be determined by the games committee and posted with the e-mail to coaches the first Monday in March.

Boys' Discus	Four throws	Three qualify to finals
Girls' High Jump		Three qualify to finals
Boys' Long Jump	Four jumps	Three qualify to finals
Girls' Shot Put	Four throws	Three qualify to finals
Boys' Pole Vault		Three qualify to finals
Girls' Pole Vault		Three qualify to finals

DAY 2 FIELD EVENT QUALIFYING

The class order will be determined by the games committee and posted with the e-mail to coaches the first Monday in March.

Girls' Discus	Four throws	Three qualify to finals
Boys' High Jump		Three qualify to finals
Girls' Long Jump	Four jumps	Three qualify to finals
Boys' Shot Put	Four throws	Three qualify to finals

**2011 OVAC TRACK AND FIELD
CHAMPIONSHIP MEET
All Classes, boys and girls**

St. Clairsville High School

Saturday, May 5, 2012

Field Events: 10:00AM

Running Events: 12:00PM

RUNNING EVENTS

1. 100, 200, 400, high hurdles, 300 hurdles, 4x100, 4x200, and 4x400 will have two (2) heats running against time. There will be a hot heat in each event, run second.

2. 800, 1600, 3200 and 4x800 will have one (1) heat.

3. Shuttle hurdle relays will have four (4) heats running against time with one (1) hot heat.

4. Athletes **MUST HAVE RELAY CARDS** turned in to clerk when they report.

5. All **SCRATCH SHEETS** must be turned in by 11:30AM. This will assist the officials in placing the appropriate number of competitors in the hot heat.

FIELD EVENTS

1. Discus, long jump, and shot put finals will have four (4) throws and/or four (4) jumps.

2. If field events do not start due to weather, they will not score.

3. If competition in any field event has started and must be halted due to weather conditions, the referee will make any scoring determination.

SCORING

1st place = 10 points

2nd place = 8.5 points

3rd place = 8.0 points

4th place = 6.5 points

5th place = 6.0 points

6th place = 5.5 points

7th place = 5.0 points

8th place = 4.5 points

9th place = 4.0 points

10th place = 3.5 points

11th place = 3.0 points

12th place = 2.5 points

13th place = 2.0 points

14th place = 1.5 points

15th place = 1.0 points

AWARDS

The first eight (8) places will receive medals. In addition, each class champion will receive a first place medal for his class regardless of the overall finish. Team awards will be first place and runner-up trophies. Class champions in each class will receive their pennant at the Banquet of Champions on May 14, 2012.

An overall team banner will be given to the boys' team and girls' team, regardless of class, that accumulates the most points. The overall banner will be presented at the meet.

RECORDS

In addition to class records, there will be separate championship meet records. Class records can be established during the qualifying meets or the championship meet (regardless of place).

CHAMPIONSHIP MEET SCHEDULE

4x800M Relay - Girls	One heat
4x800M Relay - Boys	One heat
100M High Hurdles - Girls	Two heats with one hot heat
110M High Hurdles - Boys	Two heats with one hot heat
100M Dash - Girls	Two heats with one hot heat
100M Dash - Boys	Two heats with one hot heat
4x200M Relay - Girls	Two heats with one hot heat
4x200M Relay - Boys	Two heats with one hot heat
1600M Run - Girls	One heat
1600M Run - Boys	One heat
4x100M Relay - Girls	Two heats with one hot heat
4x100M Relay - Boys	Two heats with one hot heat
400M Dash - Girls	Two heats with one hot heat
400M Dash - Boys	Two heats with one hot heat
300M Low Hurdles - Girls	Two heats with one hot heat
300M Intermediate Hurdles-Boys	Two heats with one hot heat
800M Run - Girls	One heat
800M Run - Boys	One heat
200M Dash - Girls	Two heats with one hot heat
200M Dash - Boys	Two heats with one hot heat
3200M Run - Girls	One heat
3200M Run - Boys	One heat
Shuttle Hurdle Relays - Girls	Four heats with one hot heat
Shuttle Hurdle Relay - Boys	Four heats with one hot heat
4x400M Relay - Girls	Two heats with one hot heat
4x400M Relay - Boys	Two heats with one hot heat

FIELD EVENTS - FIRST SESSION

Boys' Discus	Four throws
Girls' High Jump	
Boys' Long Jump	Four Jumps
Girls' Shot Put	Four Throws
Girls' Pole Vault	

FIELD EVENTS - SECOND SESSION

Girls' Discus	Four throws
Boys' High Jump	
Girls' Long Jump	Four Jumps
Boys' Shot Put	Four Throws
Boys' Pole Vault	